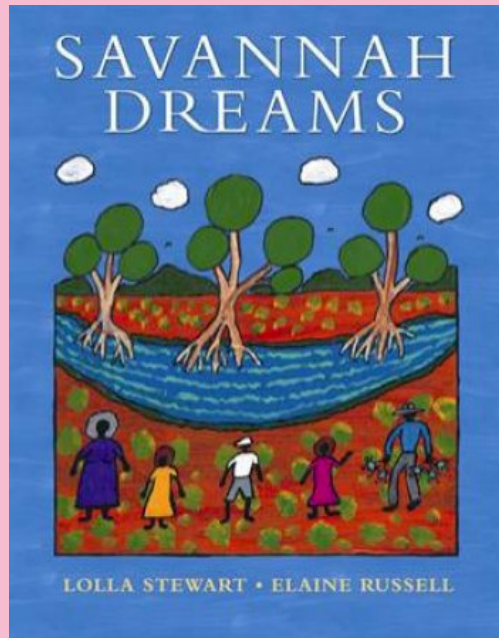


# NEWSLETTER

Week 11, Term 1 – 2024

## Savannah Dream by Lolla Stewart and Elaine Russel



Savannah Dream is a delightful book that celebrates imagination and resourcefulness with an Indigenous cultural focus.

Savannah and her family go foraging for wild food from Monday to Saturday. While her family finds delicious items, Savannah only finds junk. Undeterred, she uses her imagination to create a barramundi sculpture from the odds and ends she collects. On Sunday, Savannah catches a live barramundi, showcasing that creativity is as valuable as practical skills.

To incorporate Savannah's story into our children's experiences, we plan activities like cooking, dramatic play in a community store setup, and construction.

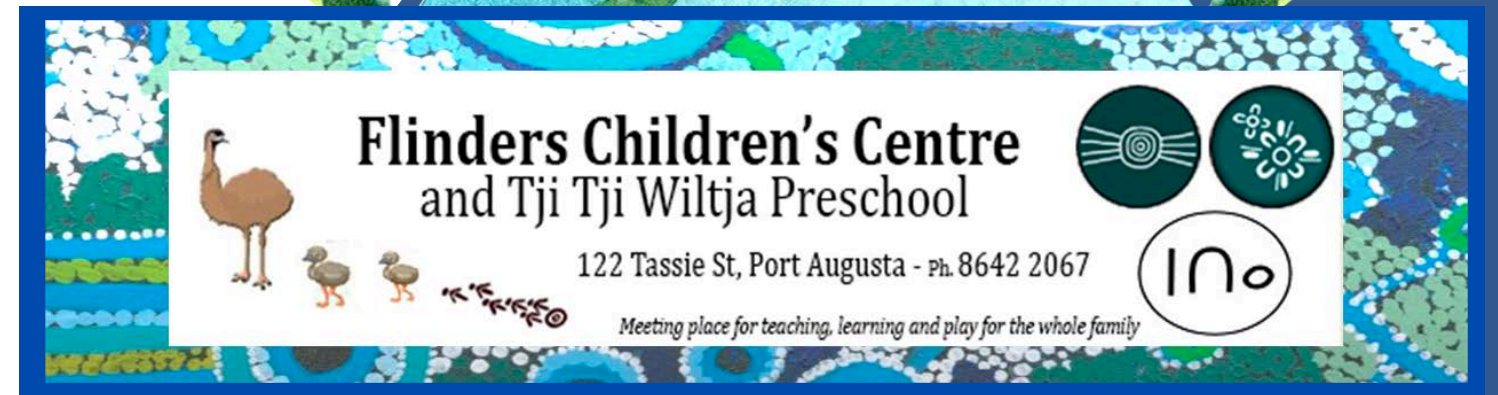
As the cooler months approach, we will utilise our Bush Kindy space next term. Children will engage in cooking experiences around the fire pit, where we'll also discuss fire safety at home to build confidence for bush kindy activities.

The benefits of Bush Kindy

Curiosity and Exploration: Nature invites curiosity! Our children discover hidden treasures, observe wildlife, and learn about the world around them.

Imagination and Creativity: The great outdoors sparks imaginative play. Fallen leaves become fairy wings, sticks transform into magic wands, and rocks become stepping stones to adventure. We will encourage children to use their imagination like Savannah. Fresh air, rustling leaves, and birdsong provide a soothing backdrop for learning.

Mindful Calmness: Nature simultaneously calms and excites young minds. Fresh air, rustling leaves, and birdsong provide a soothing backdrop for learning.



## IMPORTANT DATES TO REMEMBER



- School holidays - 13th to 28th of April
- Term 2 starts on Monday the 29th of April  
**NO BUS** in the first week
- Public Holiday - Monday the 10th of June
- 2 Students from Caritas College on work experience at kindy - Monday the 1st of July to Thursday the 4th of July
- Student Free day - Monday the 9th of September
- Student Free day - Wednesday the 11th of December

## Prohibited Foods

Food not allowed at preschool!

The wellbeing and safety of all our children are of the utmost importance to us. We kindly request your cooperation in helping us ensure a safe environment for those with severe food allergies.

To protect children with severe nut allergies, we will be vigilant about the food brought to our preschool. Please ensure that no food items containing nuts or any nut-based products are sent with your child to kindy. This includes common allergens such as peanuts, tree nuts (almonds, walnuts, cashews, etc.) and nut spreads (peanut butter, almond butter, etc.).

**Have you checked out our website yet?**  
[www.flinderscc.sa.edu.au](http://www.flinderscc.sa.edu.au)



## Uniform Update

With the cooler weather sneaking up on us, this is your reminder to update your child's kindy wardrobe.

### Kindy Uniforms

Cultural shirts - \$40  
T-shirts and skorts - \$12  
Jumpers - \$20

Please speak to a kindy staff member to purchase uniforms.



## We Love Your Feedback

We believe that our partnership with parents is invaluable. Your insights, observations, and feedback play a crucial role in shaping your child's learning experiences. You can find information about your child's learning on:

- Weekly program book** – This book is located on the visitor sign-in table. You can find what experiences they enjoy and how they engage in those experiences in kindy with pictures and the child's voice.
- Individual communication book**—You can find this book on the bookshelf near the children's trays. The educators take photos and notes if they observe meaningful learning for your child. You can take it home and have a look at it with your child. By asking questions about photos, you could provide an opportunity for your child to reflect on their learning. You can leave a comment on the book if you would like.
- Fortnightly programming folder**—It is located next to the children's sign-in table. It contains information about learning focus (numeracy and literacy) of the period. We also choose a few focus children each fortnight to provide individual programs based on their interests, strengths, and skills.

If you have any questions about children's learning or where to find information, feel free to ask any staff member.

## School Fees

As we approach the end of term 1, we kindly request all parents to finalise your payments for term 1 fees. School fees contribute to the bus-run services for our children and the nutrition program at kindy. If you are not unsure of the amount you owe, please speak to one of our staff members.

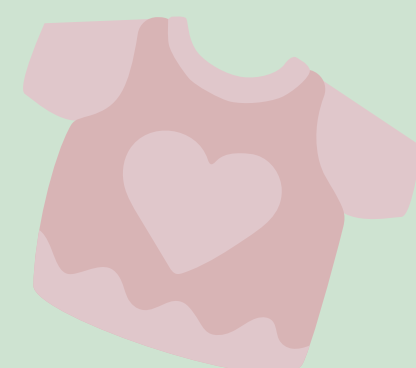
Fees can be paid via the bank account provided below:

Account Name:  
Flinders Children's Centre.  
BSB: 735-065  
ACC: 07-0373

You MUST include your child's name as the reference

## Spare Clothes

As the seasons change and our children continue to be busy in the outdoor area, we kindly request your assistance in a small yet essential matter: **packing spare clothes** for your child. Whether it's a playful splash during water play or an unexpected spill, accidents are part of childhood. Having spare clothes ensures your child remains comfortable and confident throughout the day. Also when accidents occur, quick clothing changes help maintain hygiene and prevent discomfort. Please pack a full set of spare clothes, which ensures we're always prepared. It is a great idea to consider packing a light jacket or school jumper as the weather cools down.

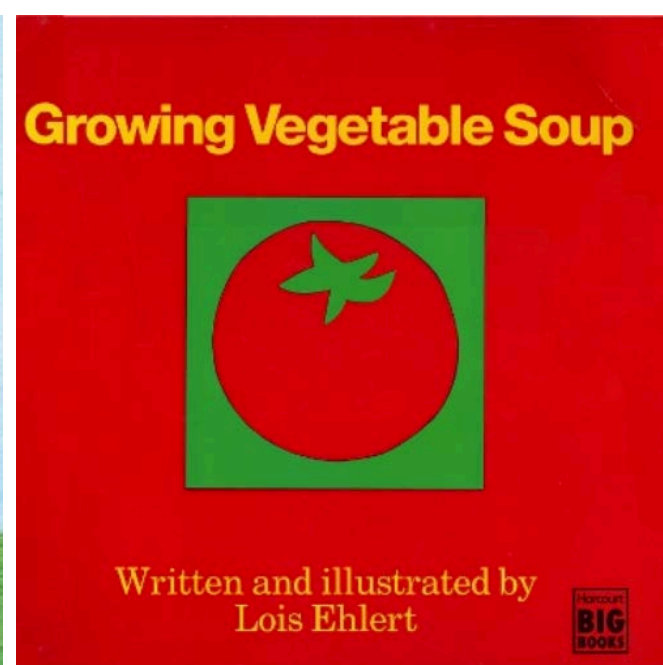
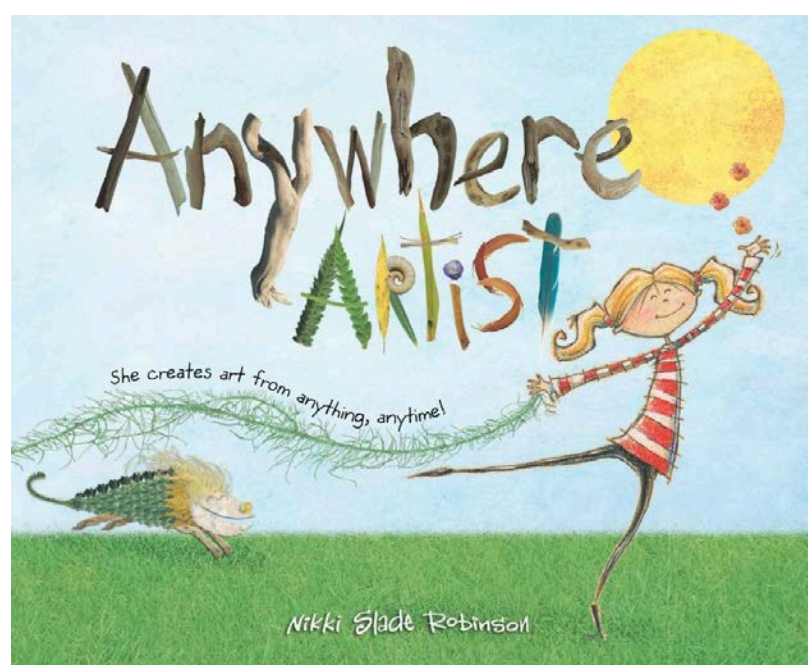




# School Holiday Activity ideas at home

Involving your child in daily activities at home brings myriad benefits for them, namely language development, fine motor and gross motor skills, cognitive skills, and social skills. But most importantly, sharing experiences creates strong bonds. When you participate in activities together, you're not just teaching; you're also building connections and trust. These moments become cherished memories for both children and parents. Here are some activity ideas!

- 1. Nature Walks:** Explore your surroundings. Take a nature walk, observe birds, collect leaves, and discuss the wonders of the outdoors. Don't forget the picnic basket!
- 2. Treasure Hunts:** Create a treasure map, hide clues around the house, and let the kids embark on a thrilling hunt. It's a fantastic way to engage their minds and bodies.
- 3. Nature Art:** Gather twigs, leaves, and pebbles. Create beautiful nature art—leaf characters, rock animals, or stick sculptures. Let their creativity flow!
- 4. Cloud Gazing:** Lie down on a rug, gaze at the sky, and imagine shapes in the clouds. Is that a dragon or a fluffy bunny? Encourage their imagination.
- 5. Flower Picking:** If you have wildflowers nearby, let the kids pick some. Discuss colors, textures, and scents. Arrange a bouquet at home.
- 6. Cooking Adventures:** Involve them in simple cooking tasks. From banana pancakes to fruit salads, cooking teaches math, patience, and teamwork.



## Vegetable Soup Activity

1. Read the book Growing Vegetable Soup by Lois Ehlert <https://youtu.be/4l70u9Ur7ek>
2. Ask your child what their favourite vegetables are and if they know where they come from.
3. Gather ingredients – Explain to your child that vegetables are part of a healthy diet and help them grow into bigger kids.
4. Recipe for vegetable soup – Invite your child to watch you chop the vegetables and ask them to hand over you a vegetable.
5. Eat vegetable soup together! – Allow the soup to cook and then invite your child to taste delicious and healthy creations!

### Ingredients

- 1 teaspoon vegetable oil
- 1 onion, minced
- 1 carrot, sliced into 1/4-inch rounds
- 1 stalk celery, sliced into 1/4-inch pieces (may substitute peas, green beans, etc. as desired)
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon oregano
- 1 zucchini or yellow squash, diced
- 2 cups water or chicken stock
- 2 tablespoons tomato paste



### Directions

Pour oil into medium saucepan and turn heat to medium. Add onion and saute for about one minute, stirring frequently.

Add chopped carrot and celery, sprinkle with salt, pepper and oregano - and continue to saute for another 2-3 minutes. Add squash and saute for another minute.

Pour water or broth over veggies, add tomato paste and bring to a boil. Stir well and lower heat.

Simmer soup for about 15 minutes, or until vegetables are tender.

Allow soup to cool and enjoy with your child!

